

## Northshore SBC 3 or 5 day Badminton Camp April 16-20, 2012

10858 117th Place NE, Kirkland WA 98033 Ph: 425-889-5958

Seattle Badminton Club will run a camp for Junior members and non member participation with an interest to improve athleticism ,badminton skills and game performance. We will be working on skills including shot technique, tactics, footwork, movement, agility, and tempo. A variety of sports games and activities will be included.

Coach Wendy is a certified personal trainer and a former elite level badminton player. She played for Canada from 1974-1984. She holds a USA Badminton Level 4 Coaching Certification. Wendy has played in several Uber Cup and Commonwealth Games, World Championships and was the highest Pan-American Zone women singles world ranked player (3rd) in 1978. She has coached Canadian Olympic badminton athletes and managed various Canadian and USA national badminton teams.

Date April 16-18 or April 16-20	Camp hours 9:00 - 4:00
Level - Beginner to Intermediate	
3 day -member \$170/ nonmember \$185	5 day \$270 member/ nonmember \$290
Instructor: Wendy Carter and ass	istants
Questions - please call Wendy at 253-278-9797 or email Wendy@seattlebadminton.com	
Registration:	(10% discount for sibblings)
Name:	Member: Yes No
Date of birth :	
Emergency contact:	
Address:	
Phone:	Email:

Please: bring snacks, drinks and lunch

Liability Waiver - I understand and acknowledge there is risk involved in being in and around Seattle Badminton Club's facilities, including, but not limited to, the risks involved in utilizing equipment or participating in any exercise or fitness activity. In consideration for being allowed to utilize Seattle Badminton Club's facilities, I agree to assume the risk and full responsibility for any and all injuries, losses, or damages, that might occur to me while on the premises of Seattle Badminton Club; and to the maximum extent allowed by law, I agree to waive and release any and all claims, suits, or related causes of action against Seattle Badminton Club, Inc., its owners, officers, employees, or agents, for injury, loss, death, costs, or other damages to them, their heirs or assigns, or third parties for claims, suits, or related causes of action asserted against Seattle Badminton Club arising from their conduct while on the premises of Seattle Badminton Club and this waiver and release shall bind myself and my families and spouses or domestic partners, if I am alive, as well as the estate, family, heirs, administrators, personal representatives or assigns if I am deceased, and shall be deemed as a "Release, Waiver, Discharge and Covenant" not to sue Seattle Badminton Club. I further agree to release, indemnify, defend and hold Seattle Badminton Club harmless from any liability whatsoever for future claims presented by their children for any injuries, losses or damages.

Signature / Guardian Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_ Date: \_\_\_\_\_